

INSPIRING

the power of *community* today, to
transform healthcare for tomorrow.



Brandon &
Zoe McTaggart



Dr. Ansar Hassan
Cardiac Surgeon



Dr. Geoff Cook
Chief of Plastic Surgery



Renata Yehia
Lab Technologist



2018/2019 ANNUAL REPORT

A LETTER FROM OUR CHAIR & CEO

Thank You for Your *Dedication to New Brunswick Healthcare*

You give, and others receive. You have given us your trust, your kindness and your compassion. And that is exemplified in an incredible array of services, programs, education and equipment that helps New Brunswick healthcare providers work better, and helps New Brunswickers feel better.

Teens in rural areas of New Brunswick have access to timely and adequate mental health supports, thanks to new technology. Research is showing New Brunswickers are recovering from spinal surgery quicker because of programs put in place before they go into the operating room. Patients and their families are more comfortable, making their experience in hospital and home easier. Nurses are getting the training they would otherwise have to forgo because of a lack of funding.

Your generosity has brought new tools for the Cardiac Rehab Centre, Minimally Invasive Sinus Surgery, and Radiation/Oncology to name just a few.

And, of course, our ambitious and transformative GIVE: Clinic 1 Expansion Campaign is well underway.

With 2 years left, we are doubling our efforts to double the square footage of Clinic 1.

Clinic 1 is the busiest clinic in the province. With 33 specialties, some 40 thousand people make their way into a space that hasn't been touched since the Saint John Regional Hospital opened in the early 80s. It's cramped, it's crowded and it's lacking some of the

essentials that would bring the standard of care into 2019 and beyond. This expansion will increase the square footage from 7,000 square feet to 14,700 square feet, improving accessibility, privacy and patient comfort and care.

These are just a few of the initiatives you make happen. And a lot has happened over the past year. Please find in these pages an overview of where your generosity is working. You should be proud of the impact you're making. We thank you for your support for all accomplished, and support for the vision of New Brunswick's healthcare future you share with us.



Veronica Ford

Veronica Ford, Chair



Jeff McAloon

Jeff McAloon, CEO

OUR BOARD OF DIRECTORS

A heartfelt thank you goes out to our dedicated Board of Directors, who lead our Foundation with **vision and generosity**.



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KAREN MCGRATH
Representing Horizon Health Network (Ex-Officio)



Year after year the generosity of the Saint John Regional Hospital Foundation contributes to the care Horizon provides to our patients, clients and families. Without the support of the foundation and its donors we would not be able to deliver the exceptional care people have come to expect from Horizon's Saint John Regional Hospital.

At Horizon, we're committed to helping people be healthy, and for us to accomplish this we rely on our foundations and donors like you. Together we're a team, and we're thrilled the foundation has undertaken the ambitious fundraising campaign to expand Clinic 1. This will revolutionize the way we deliver care to thousands of patients a year.

The generous donations from the Saint John Regional Hospital Foundation allow our patients to benefit from enhanced care and state of the art equipment which would be unattainable without your support.

Countless patients have received the care they need, in their own community, and province, because of the foundation.

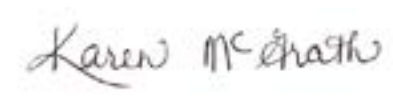
I would be remiss if I failed to mention that our patients are not the only ones benefiting from your donations, as our staff and physicians see the positive effects of your generosity every day. The improvements made through your contributions help Horizon

access new and improved technology to help healthcare leaders provide the kind of care our patients expect.

Horizon is thrilled to have a partner like the Saint John Regional Hospital Foundation, as we work together to make our joint priorities a reality. Whether a piece of equipment, an engaging educational opportunity, or funds for more research, together we are providing excellent care.

Thank you for your continued support in helping us deliver on our mission of Helping People be Healthy. I look forward to our continued partnership and the amazing things we can accomplish together.

In health,



Karen McGrath
President and CEO
Horizon Health Network



KAREN MCGRATH
President & CEO of
Horizon Health Network



Raising the Bar for *Healthcare Professionals*

Healthcare is often about identifying issues and then coming up with solutions.

And as nurses, on the front lines every day, we must also be on the front lines of research, education and professional development.

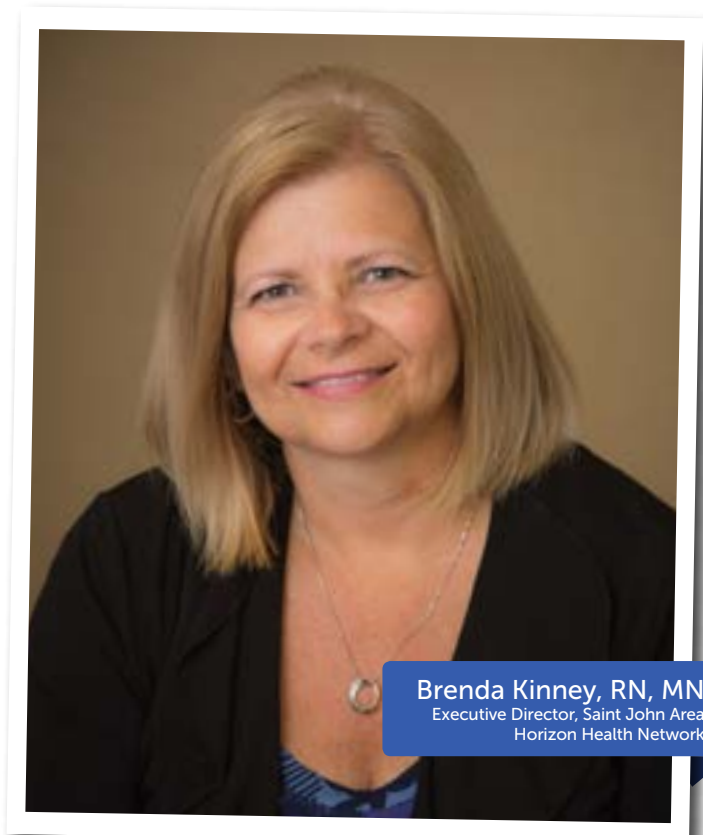
Thanks to donors like you, Registered Nurses and Licenced Practical Nurses from around the province were able to once again learn, engage and even laugh over two days in March.

Nursing: Finding Balance on Shifting Sands, enhanced nurses' understanding of the professional and societal trends impacting them, and provided tools and strategies to manage those challenges and opportunities.

It's important to share best practices: in our facilities, in our cities, in our province and our profession. This conference, made possible with the continued support of the Saint John Regional Hospital Foundation, means your nurses are bringing (and then taking away) examples of exemplary healthcare and self-care, in a sometimes difficult environment.

We continue to appreciate you and the Saint John Regional Hospital Foundation as you empower nurses to grow professionally for their benefit and the benefit of all New Brunswickers.

Brenda Kinney, RN, MN
Executive Director, Saint John Area, Horizon Health Network



Brenda Kinney, RN, MN
Executive Director, Saint John Area
Horizon Health Network

2018 Annual Nursing Conference - Saint John

“ I look forward to this conference every year. It rekindles a spark in me that reminds me how proud I am to be part of the nursing profession. Knowing the Foundation thinks we are worth the investment means so much. Thank you. ”

Conference Attendee Feedback



MENTAL WELLNESS

Learn more at www.thegive.ca



Learning and Growing, *Together*

I love being a nurse but noticed that working on a medical/surgical floor we encountered, on a regular basis, clients who live with mental illness or an addiction and we do not have the staff trained to properly work with these clients. After a situation that occurred on my floor, I felt compelled to learn more in the area of mental health and addictions.

addictions, I can be part of the change and help improve lives of New Brunswickers.

Helen DeMerchant
RN, Upper River Valley Hospital



“ I feel this program has enhanced my skills to provide the best care I can give. ”

I have just completed the Graduate Certificate in Mental Health and Addictions from Dalhousie University. As a recipient of the MindCare NB Scholarship, I would like to thank you and MindCare for the support they provide students of this program.

I have been able to use my newly acquired knowledge at work on a regular basis. I feel this program has enhanced my skills to provide the best care I can give. My goal is that with my current education and future education regarding mental health and

MindCare - Funding Hope and Understanding

MindCare

The *Saint John Regional Hospital Foundation*, under its MindCare New Brunswick banner, is the single largest funder of mental health initiatives in the province.

hope **HELP** **HEALTH** awareness
Mental Wellness



PATIENT COMFORT

Learn more at www.thegive.ca



Paying it Forward for *Patient Comfort*

The Saint John Regional Hospital Auxiliary's Brighten Group is all about Paying it Forward for patient comfort. For 100 years, it has been focused on continued care, compassion and creative contributions to the health of New Brunswickers.

In the past five years alone, more than \$500,000 has benefitted those who need our attention most. Its legacy may be measured in years and donations, but it is also seen on the faces of patients and their families in our hospital every day.

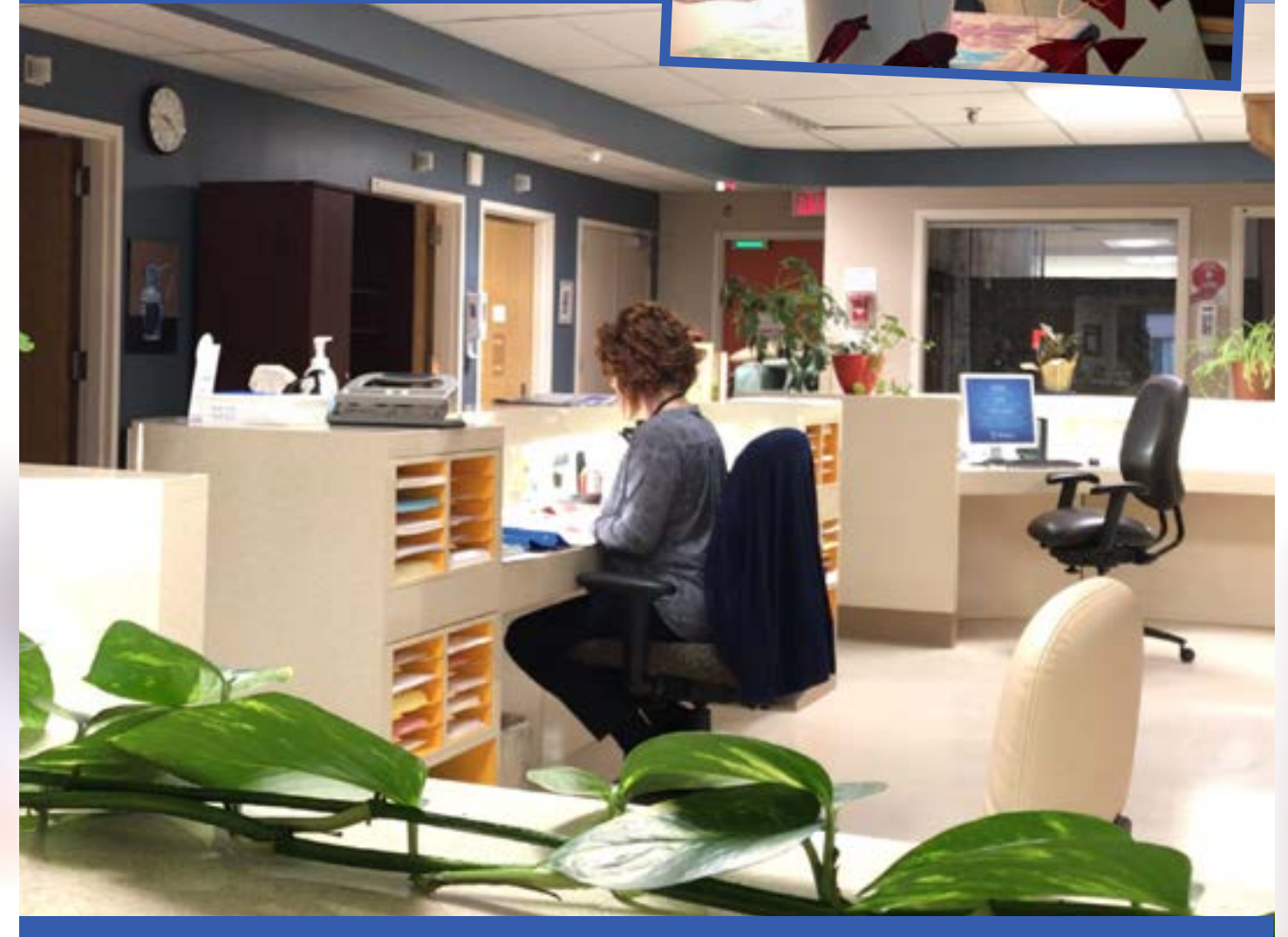
In the aftermath of WWI, 74 Saint John women brought imagination and initiative to the General Public Hospital with the Women's Hospital Aid Association, "not for personal gain, but for public service." While the General is but a memory, the Auxiliary remains resilient and relevant a century later.

One project benefitting from the good work of the Brighten Group this year is the "Home Away from Home" Patient Hostel. \$100,000 dollars was donated to renovate the space to make it feel a little more like home.

The Auxiliary has raised millions of dollars for Patient Comfort.



"Home Away from Home" Patient Hostel





Studies of Prehab, *for Less Rehab*

Thanks to a new study and a generous donation from The McCain Foundation, spine surgery patients could be feeling better, quicker.

The idea is that many spine surgery patients would benefit from a cardiac “prehabilitation” program, where education, physiotherapy and physical activities BEFORE spinal surgery can significantly improve patient outcomes. They will be healthier going into the operation, should be healthier after the operation, and then, in turn, stay healthier longer.

“Ultimately, surgery is like marathon running,” says Dr. Neil Manson. “And the fitter you are going into the marathon, the less it’s going to hurt, and the better you’re going to do. So it makes sense.”

This study is happening because of 75,000 dollars from The McCain Foundation.

“The McCain Foundation is committed to improving the lives and well-being of all New Brunswickers,” says Linda McCain, Chair of The McCain Foundation. “We are proud to partner with the Saint John Regional Hospital on this research initiative focusing on improving the outcomes for spinal surgery patients.”

Dr. Manson says interest in the study is high among patients and is looking forward to more results in the weeks and months to come.

“**The prehab program has been going great. The info we’re getting back is fantastic.**”

Dr. Neil Manson, Orthopaedic Surgeon



Funding *Innovative, Patient-Centred Care*

Imagine freeing up operating rooms, decreasing wait times, AND allowing for quicker recovery for patients, all while improving the care provided? It's happening, and it's happening here in the Saint John Regional Hospital's Sinus Surgery Unit.

“Minimally invasive” are the keywords that are bringing these goals to reality. New technology and training are allowing many New Brunswickers to smell, taste and breathe through their nose for the first time. These surgeries have moved out of the OR and into the

clinic, meaning more procedures, under local anesthetic. It's the only setup of its kind in Atlantic Canada, which means it has caught the attention of more patients, and also more doctors who could potentially work in our region.

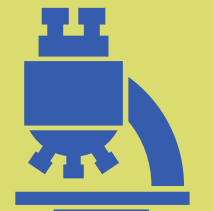
This investment was sponsored by Arthur, Sandra and Sarah Irving through the Audience Choice Award from the 2018 Medical Dragons' Den. This new technique should help us all breathe a little easier!



Sinus Surgery

Dr. Chris Chin and Dr. Morgan Langille

Learn more at www.thegive.ca



2018-19 BY THE NUMBERS Financial



Granting (Programs, Equipment, Technology, Research and Education Initiatives)

The following grants total was funded by gifts to the **Saint John Regional Hospital Foundation:**



GRANTS TOTAL: \$4,669,874

CAPITAL EQUIPMENT & RENOVATIONS

CARDIAC REHAB
 Body Solid Functional Trainer
 Polar Heart Rate Monitors
 Spirit 900 Recumbent Bike
 High Velocity Air King Air Circulator
 Digital Blood Pressure Monitor - 7 Series Bluetooth
 43" Smart TV & Wall Mount
 VJ-V2 Ecolite Series Projector

TELEHEATH
 Mobile Application for Patient Care

DIAGNOSTIC IMAGING
 Digital Mobile Radiography Unit – DRX Revolution

RADIATION/ONCOLOGY
 2 Chair Therapy Comfortline & Console Tables
 Optima MR450W GEM - 70cm Position Overlay Board
 Lift Patient Maximove LCD
 Digital PCR System

MINIMALLY INVASIVE SINUS SURGERY
 6 Eicken Suction Cannula
 Procedure Chair
 4 Blakesley Thru-cut Forceps
 1 Seiliff's Pediatric Sinus Backbiter Forceps

CLINIC 1 EXPANSION
 Architectural Design

PEER SJ
 Renovations - Teen Resource Centre

NB HEART CENTRE
 Optical Coherence Tomography
 2 Cardiology Ultrasound Machines
 Upgrade Transducer
 Rotablator Console
 Auto Hematology Analyzer Closed Tube

WOMEN & CHILDREN
 2 Affinity 4 Birthing Beds
 2 Pediatric HAL Simulators
 15 Medfusion Pumps
 Neonatal Transport Incubator
 Neo Blue Blanket Phototherapy
 Monitor - 7" Flat for C-MAC
 Endoscope Flex Intubation
 Sara Flex Sit-to-Stand Lift with Scales
 Lift Patient Maximove LCD
 Full Size Warming Cabinet

STEM CELL TRANSPLANT RECOVERY ROOMS
 Tri Oxide Sensor Hand Hygiene Sink
 Elderberry Corian Counter Tops
 3 Overbed Tables, Bedside Tables and Dressers
 Sammons Preston Magnetic Resistive Exerciser
 3 Thera Glide Chairs with Footrest
 Roller Shades with Motorization and Solar Chargers

NEPHROLOGY
 19 Hemodialysis Treatment Chairs

PATIENT COMFORT

WOMEN & CHILDREN
 4 Glider Rockers - ICU Neonatal
 Prolact +4 - Nutritional Support for Preterm Neonates
 6 Fundway Recliners - ICU Neonatal
 Air Hockey & Foosball Table
 Toddler & Infant Toys


RIDGEWOOD VETERANS UNIT
 Furnishings
 Interactive Companion Pet Cat

BOBBY'S HOSPICE
 Residential Palliative Care

HOSTEL
 Renovations and Furnishings to Enhance Family Stays

CENTRACARE
 13 Evolution Scout Chairs
 15 Simplicity Safety Gliders

SOCIAL WORK
 Irving Oil Fuel the Care Program
 Breast Prosthesis
 Prescriptions & Travel Assistance
 Financial Assistance



Patient Hostel - 5B South



RESEARCH

Prehabilitation Program for Spinal Surgery Study
 SOAR (Medical and Health Research Fund)
 Fundy Foot and Ankle Centre
 Glycosylation Studies at Nova University
 Phase II Transforming Access to Psychological Care
 Parent Child Assistance Program
 Innovating Behavioral Assessments and Care Pathways for Children



Parent Child Assistance Program

MEDICAL CONFERENCES & EDUCATION

Dalhousie University
 MindCare NB Scholarship in Mental Health & Addictions

Franklin MindCare Scholarship
 UNB Saint John Campus

MindCare Scholarship
 UNB Renaissance College

NB Heart Centre 28th Cardiovascular Symposium
 New Brunswick Hematology Day 2018
 "Living Well, Dying Well" Conference
 Nursing and the Future: Skills for a Changing Landscape Conference
 DBT Training (Cognitive Behavioral Therapy)
 - Customized Clinical Training



MindCare NB Scholarship

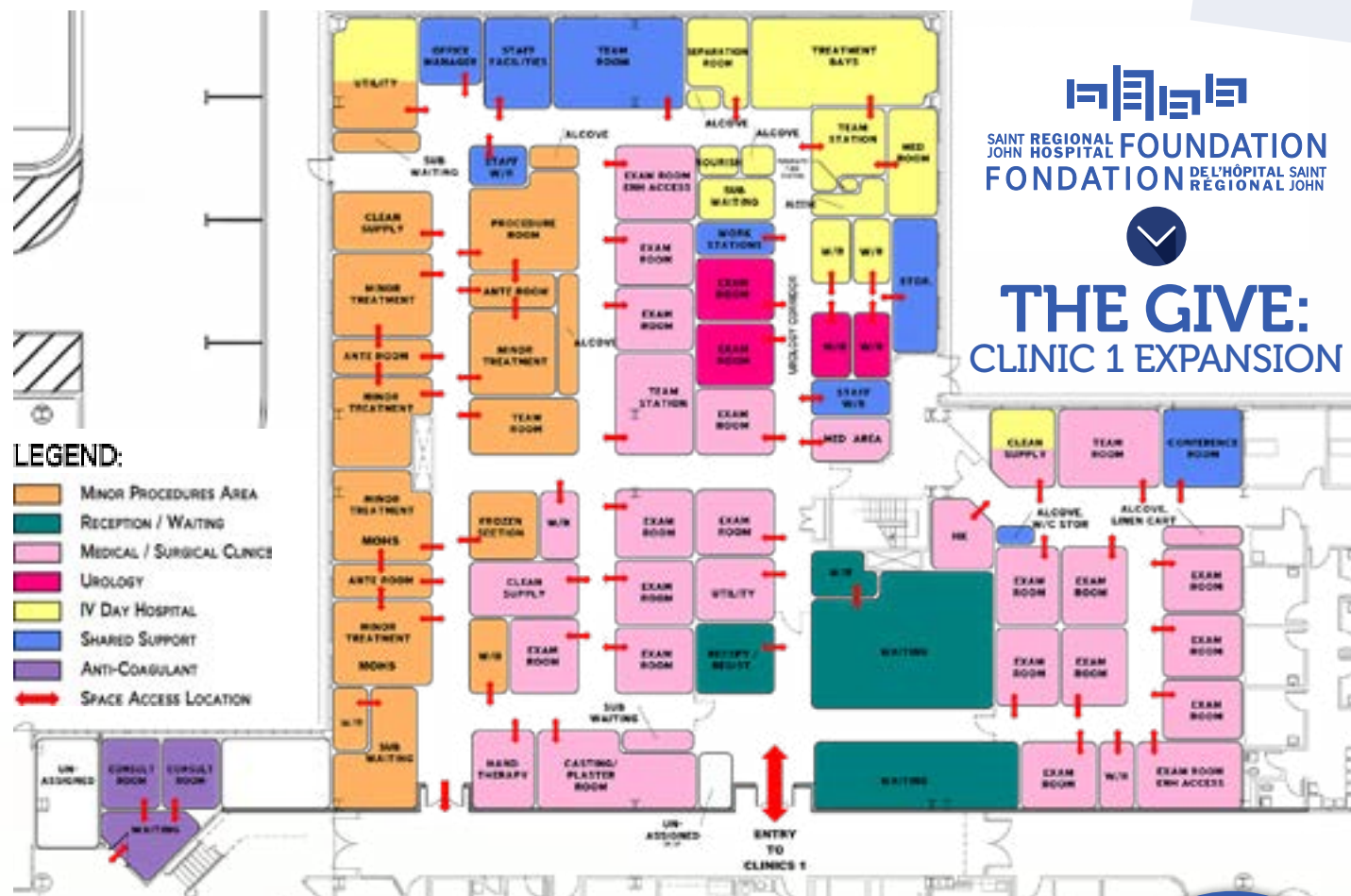
THERAPEUTIC PROGRAMS

15 Therapeutic Programs funded across New Brunswick, focusing on:
 Socialization, Physical Wellness, Life & Workplace Skills

12 Student Sponsorships - Village of Hope, Residential Drug Rehab Program

For a complete set of financial statements, which have been audited and reported upon by our auditors KPMG LLP, please visit thegive.ca. If you have any questions, please contact 506 648 6400 or Sandra.Clark2@HorizonNB.ca

THE GIVE: CLINIC 1 EXPANSION



SAINT REGIONAL FOUNDATION
FONDATION DEL'HÔPITAL SAINT
REGIONAL JOHN

**THE GIVE:
CLINIC 1 EXPANSION**

The Need

CLINIC 1 is the busiest clinic at the Saint John Regional Hospital, **untouched since 1982, this critical expansion is vital to patient care.**

Services Offered

Allergy
Anticoagulation Clinic
Bleeding Disorders
Calcium
Cardiothoracic Surgery
Dermatology
Electrophysiology

Endocrinology
General Cardiology
General Surgery
Haematology
High Risk Foot Clinic
Infectious Disease
Internal Medicine

Interventional Cardiology
Lipids
Mohs Skin Surgery Clinic
Neurology
Ophthalmology
Orthopaedics
Orthotics

Pacemaker
Pain Clinic
Plastic Surgery
Prosthetics
Respirology
Rheumatology
Skin Assessment

Stoma
Thyroid
Urology
Vascular
Wound Care

- Untouched Since 1982**
- Houses 33 Specialties**
- Serves 40,000 + Patients Annually**
- Goal \$12 Million**

“This clinic expansion will touch just about everyone in our community and beyond.”

- Dr. Geoff Cook



CONNECT WITH US

Be a part of The Give: Clinic 1 Expansion - Donate today at www.thegive.ca

NEW DONORS 100+



Welcome to our **New Friends!** The following individuals and organizations are new, generous supporters this year.

- Abbott Medical Canada
- Abbott Vascular
- Mr. Matt and Mrs. Alana Acker
- Mr. Arnold and Mrs. Ruth Acton
- Air Sprint
- Mr. Mike and Mrs. Shelly Albert
- Mrs. Jane Alexander
- Alexion Pharma Canada CRP
- Mr. Angelo and Mrs. Vasiliki Alexiou
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- Atlantic Hearing Clinic
- Atlantic Pacific Transport
- Atlantic Sleep Apnea Services
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- Hedera Management
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- Mr. Wesley Mcdevitt
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- Ms. Anastazja Pustowka
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- The Great-West Life Assurance Company
- The National Chapter of Canada IODE
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PLANNED GIVING - LEGACY



G
Give.
Gratitude.



What's your *Legacy?*

Glenn & Penny Foster
Legacy Donors



PLANNED GIVING

When you think of our future in healthcare, what do you see?

Lifesaving medical breakthroughs and advances? Science fiction technology turned into science fact? A healthier day-to-day for every New Brunswicker?

You make it all a possibility by remembering the **Saint John Regional Hospital Foundation** in your estate plans. You create a legacy of healthcare excellence for the years to come, while experiencing significant tax benefits now.

One life touches another, giving a priceless gift to generations of patients and families. Since legacy gifts come in all shapes and sizes, you may be able to make a bigger impact than you ever thought possible – regardless of your income or size of your estate.

BENEFITS OF
Legacy Giving



Technology is rapidly changing alongside the incredible advancements being made in science and medicine. It is through the *philanthropic support of our community* that our medical teams will be provided with the best resources to advance patient care.

By including a gift in your estate plans, you can:

- Provide a stable source of funding to meet critical research and program needs for the long-term
- Create a healthier future for families in New Brunswick for years to come.

Already decided?

If you have already decided to remember *Saint John Regional Hospital Foundation* through a planned gift, please let us know. We would be honored to welcome you into our Legacy Society.

As a member you'll be invited to recognition events, hospital tours and educational seminars. You may have your name or your family's name listed in Foundation publications, or if you prefer, your gift can remain anonymous.

“ Do not go where the path may lead, go instead where there is no path and leave a trail. ”

– Ralph Waldo Emerson

CONNECT WITH US

For more information on how to create a meaningful legacy, please contact **Stephanie Fox, Vice President**, at (506) 333-3952 or by email at Stephanie.Fox@HorizonNB.ca



ENDOWMENTS



Gifts that *Transcend Time*

Endowments give back year after year - an investment in the health of future generations. The principal sum is untouched, while distributable earnings are used to support a designated priority. The Foundation manages a range of endowments with a total value of \$12.24 million.

ENDOWMENT

- Alan and Joyce McLean Medical Endowment
- Anonymous
- Arnold and Kathryn McAllister Medical Endowment
- Atlantic Health Sciences Corporation Education Fund
- Atlantic Health Sciences Corporation Research Fund
- Bill Davis MindCare Endowment
- Catherine and Graeme Somerville Neonatal Endowment
- Charles E. Walper and Betty L. Walper Education and Research Endowment
- Donald and Heather Royal Medical Endowment
- Doreen Damon Medical Endowment
- Dorrie Schulze Nursing Endowment
- Dr. Dino Andriani Endowment
- Dr. Kersti Covert Memorial Endowment
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DESIGNATED PRIORITY

- Area of Greatest Need
- Nursing Education
- Area of Greatest Need
- Medical Education
- Medical Research
- Mental Wellness
- Neonatal
- Medical Education and/or Research
- Area of Greatest Need
- Area of Greatest Need
- Nursing Education
- Emergency Medicine
- Mental Wellness
- Nephrology Nursing
- Nephrology
- Area of Greatest Need
- Mental Wellness
- Mental Wellness
- Area of Greatest Need
- Area of Greatest Need
- Area of Greatest Need
- Area of Greatest Need
- Nursing Education
- Mental Wellness
- Nursing Education
- Mental Wellness
- Nephrology Patients
- Mental Wellness
- Oncology Patients
- Area of Greatest Need
- Area of Greatest Need
- Area of Greatest Need
- Area of Greatest Need
- Area of Greatest Need
- Pediatrics
- Area of Greatest Need
- Medical Conference
- Mental Wellness
- Cardiac Research
- Area of Greatest Need
- Medical Conference
- Area of Greatest Need
- Nursing Education
- Area of Greatest Need
- Area of Greatest Need
- Area of Greatest Need
- Mental Wellness



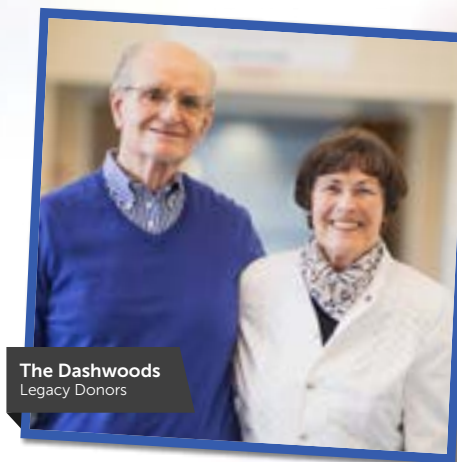
The following two endowments were established this year and will provide financial support in perpetuity

- The William (Bill) and Starr Dashwood Endowment
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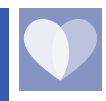
DESIGNATED PRIORITY

- Cancer, Cardiac and Neurology
- NB Heart Centre & OR Nursing Education



The Dashwoods
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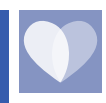
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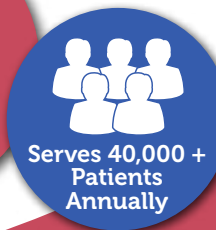
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