

ANNUAL REPORT

Celebrating your impact on patients and their loved ones, creating a *healthier future* for all New Brunswickers



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A LETTER FROM OUR BOARD CHAIR AND PRESIDENT & CEO

Dear friends,

Thank you for your generous support over the last year. On behalf of our Board of Directors and staff, it gives us great pleasure to share with you our 2022-23 Annual Report.

The following pages celebrate the successes you made possible last year. In total, 3,585 supporters came together to fund critical areas of patient care, including healthcare innovations, cardiac health, mental health, recruitment & retention and patient experience and access.

Because of you, robotic-assisted surgery arrived in New Brunswick. This innovative technology means that patients are receiving the best surgical care possible, right here at home.

Your generous support also allowed us to invest in initiatives to attract top talent to our hospital and our region. Together, we are building strong leaders to secure health care for the future.

Other accomplishments include the ground-breaking of The J.T. Clark Family Foundation Ambulatory Clinic and a transformational gift to impact addictions and mental health. Over \$1 million was also granted to community-based organizations to improve patient access and experience in Saint John and beyond.

We are so grateful for you, and all that you make possible. Thank you for creating a healthier future, together.

With gratitude,

Jamie Gallagher President & CEO

Derek Dobson Board Chair

YOUR IMPACT BY THE NUMBERS



Granted to advance patient care and innovations



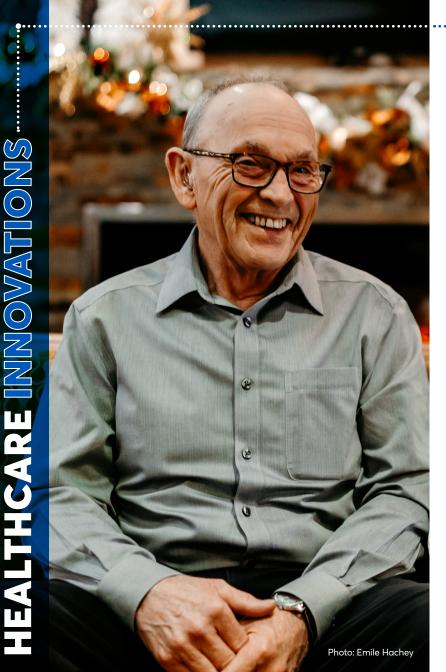








Raised in honour or memory of loved ones Photo: Taryn Giles, cancer survivor, with her sister Shalyn McRae



ROBOTIC-ASSISTED Surgery

Thanks to you, the future of surgery is here.

Because of you, robotic-assisted surgery has arrived in New Brunswick.

Your gifts have transformed our operating rooms, giving surgeons access to the latest technology so that patients recover faster, with less pain and fewer drugs.

The da Vinci medical robot is an extension of the surgeon's hand, giving greater agility, precision, and control. It allows them to perform delicate and complex operations, advancing patient care and helping retain and recruit top talent to our hospital.

I was diagnosed with prostate cancer and chose roboticassisted surgery. I spent one night in the hospital, and the next morning I came home. Thank you to all the donors who brought robotic surgery to New Brunswick.

- Emile Hachey, our province's first robotic-assisted surgery patient



30+ Surgeries completed (as of March 2023)

5 Medical professionals trained on da Vinci





OTHER INITIATIVES YOUR GIFTS MADE POSSIBLE

Genexus: Next Generation Sequencing

Thanks to incredibly caring donors, our laboratory has access to a brand new remarkable tool which is like a second set of hands for our laboratory team. It saves time and improves accuracy by doing many of the manual tasks associated with sample testing. Total Granted: \$217.568

llumisite Technology

Thanks to our donors, including supporters of our Lions' Den medical competition, thoracic surgeons at our hospital were able to complete Canada's first fluoroscopic navigation bronchoscopy using Illumisite technology, marking a significant step forward for lung cancer care in New Brunswick. Total Granted: \$425,645



THE SIMMAN (Simulation) ALS Manikin

Thanks to you, cardiac nurses are better prepared for the operating room.

Your generous support has added a simulation manikin to the New Brunswick Heart Centre's (NBHC) education and training program. This portable, revolutionary new product provides real-life scenarios that mimic in-hospital emergencies, so clinicians are prepared for nearly any situation.

As New Brunswick's only tertiary cardiac care centre – providing close to a million Atlantic Canadians with treatments they need and deserve - having innovative education and training technology is critical to ensuring our health care professionals can provide the very best patient care possible.

The NBHC is a center of excellence in every way possible, and that now includes our simulation program. The manikin improves the realism of a simulation environment and enhances the engagement of learners. It can simulate breathing and has a beating heart that is audible and palpable. As the education lead in our program, I am so excited to have this technology.

– Susan Morris, Clinical Nurse Educator NB Heart Centre

Photo: Simulation Manikin used in training scenario



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Up to 1000 Clinicians to be trained



OTHER INITIATIVES YOUR GIFTS MADE POSSIBLE

Portable ultrasound technology

Thanks to you, our health care providers have access to portable ultrasound technology to provide care to patients in the cardiac operating room. This technology allows cardiac physicians and their medical teams to complete complex surgical procedures with greater precision and in less time, to provide the best patient care possible. **Total Granted: \$65,523**

EPIQ Echocardiography Ultrasound for Electrodiagnostics

Your gifts funded an EPIQ Echocardiography Ultrasound machine to support clinicians at the Saint John Regional Hospital and the New Brunswick Heart Centre. This fast, easy and painless test ensures that patients are properly diagnosed and treated for heart disease. The ultrasound can complete up to 1,500 tests per year. **Total Granted: \$170,100**

Photo: Portable Ultra Sound used for cardiac surgery



RIDGEWOOD ADDICTION & MENTAL HEALTH Services

Your support enabled a new partnership to help patients struggling with mental health and addictions.

Thanks to you, the Saint John Regional Hospital Foundation contributed \$1.27 million toward facility improvements and clinical service upgrades at Ridgewood Addiction Services.

In partnership with the provincial government and Horizon Health Network, a total of \$3.8 million is being used to renovate 3 facilities and update programming. Up to 50 patients a month will be treated at the residential facility.

To the donors who are supporting the renovations and upgrades, I want them to know their money isn't going to waste. It's going to help people's future. If you're in a brand-new building with nice surroundings, it makes you look at what you want for your future, and it will create an environment that will make people want to stay and complete their treatment to get better and build a better life.

- Tylor Jackson, grateful patient

Photo: Tylor Jackson



28 Patients housed at a time

7-90 DAYS Average length of stay



OTHER INITIATIVES YOUR GIFTS MADE POSSIBLE

Scholarships to foster excellence in mental health

Donor support is meeting the rising human resource needs in the field of mental health by providing scholarships to students who plan on practicing in New Brunswick. Scholarships, including The Franklin MindCare Scholarship established by Janice and the late Mitchell Franklin, provide specialized training in mental illness and addictions. **Total Granted: \$12,500 to train mental health professionals**

Supporting women on their journey to recovery

Your gifts are helping women struggling with substance use and mental health challenges at the Sophia Recovery Centre. At the Centre, women seeking freedom from addiction discover empowerment, community and ongoing support to help them take their lives back as their bodies and minds heal. **Total Granted: \$50,000**



The Transforming HEALTH CARE FUND

Your generosity is attracting and retaining top talent.

Thanks to you, we are building strong nursing leaders who will transform health care in our province. The Transforming Health Care Fund at the University of New Brunswick is providing education and professional development opportunities to nurses and students.

The fund will give nurses at the Saint John Regional Hospital an opportunity to upskill through the Nursing leadership and management program. It will also provide scholarships to deserving nursing and health care students who intend to pursue careers at our hospital and in the Saint John region after graduation.

We are happy to have the Foundation's support as we educate the next generation of New Brunswick nurses and create opportunities for working nurses to realize their leadership potential. Community partnerships like this are at the core of UNB's Integrated Health Initiative (IHI), which is creating a world-class health innovation centre right here in New Brunswick

- Dr. Paul Mazerolle, President & Vice Chancellor, UNB

Photo: Angelique Simpson, director, Integrated Health Initiative; Petra Hauf, vice-president Saint John, UNB; Michel Rod, dean of business, UNB; Jamie Gallagher, president and CEO, Saint John Regional Hospital Foundation; Lisa Best, program coordinator, UNB; Brenda Kinney, vice president and chief nursing officer, Horizon Health; Catherine Hamilton, nursing department chair, UNB.

\$ 100,000 Total granted to IHI

5 Nurses upskilled per year

5-7 Student scholarships per year





OTHER INITIATIVES YOUR GIFTS MADE POSSIBLE

Canada East Spine Centre

Research, training, and education are key to recruiting and retaining top talent. Your support is providing research and training opportunities at the Canada East Spine Centre to better treat complex spinal problems and improve patient quality of life. This centre for excellence is the highest volume spine surgery research centre in Atlantic Canada. **Total Raised: \$96,629**

Canadian Neonatal Network

Donor support allowed two nurses from the Saint John Regional Hospital to participate in the Canadian Neonatal Network's annual EPIQ Conference (Evidence-based Practice for Improving Quality). This unique summit brings together experts to share gold standards of treatment and collaborate to improve the quality of care we deliver to our tiniest patients and their families.

CARDIAC REHABILITATION Program

Your generosity is providing heart education to cardiac patients.

Your support is giving cardiac patients access to life-changing care beyond their hospital stay.

The Cardiac Rehabilitation Program is an education and exercise program delivered by health care professionals including nurses, physiotherapists, dietitians, and pharmacists, that teaches patients how to manage their heart disease by changing daily health habits.

The program impacts hundreds of patients annually and helps them get back to doing the things they love with the people they love.

The Cardiac Rehab Program helped me fight back after surgery. It got me past the 'Woe is me. Why did this happen to me?' and helped me find my inner strength. Now I'm passing healthy habits along to my kids. We're proud to give back to the program that gave so much to us.

-Shawn McNee, grateful patient

Photo: Shawn McNee

PATIENT IMPAC

\$75,865 Total granted to cardiac

rehabilitation

12 week Rehabilitation Program



OTHER INITIATIVES YOUR GIFTS MADE POSSIBLE

Supporting cancer patients

Sometimes, patient care needs to extend beyond the walls of the hospital. Your gifts support several cancer patient care funds, including the SJRH Oncology Patient Support for Diagnosis and Treatment Fund established by the Knights of Columbus Father Eugene O'Leary Council #6595, which assists people in financial need with costs including transportation, food, rent, medication and therapy. **Total Granted: \$12,020**

Providing comfort at the end-of-life

Your gifts provide comfort to palliative care patients at our hospital. These gifts provide an array of services that preserve a patient's comfort, dignity, and quality of life as their needs change. This year, these small but heartfelt comforts include providing cable services to nine televisions in the palliative care unit. **Total Granted: 13,800**2022-2023 Annual Report I PG 13



\$1,000 - \$2,499

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Thank you to the countless individuals and organizations who supported the Saint John Regional **Hospital Foundation** with their generosity. You've heard our message of gratitude before, but you deserve to hear it again – thank you.



\$10,000 - \$49,999

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\$100,000 +

Black Rock Management Inc. Crabtree Foundation Dr. David and Dr. Rachel Elias Greater Saint John Community Foundation

\$1,000,000 +

Irving Oil Ltd. Dr. Belluru Satyanaraana



ENDOWMENT FUNDS

You are supporting the future of health care in New Brunswick.

Thank you to our endowment fund supporters who have created a lasting legacy to support excellence in health care for years to come.





\$ \$12.9M Total value of Endowment

Impacting Healthcare Innovations

Dr. Dino Andriani Endowment Tim and Cathy Cameron Endowment John and Frances Corbett Endowment Ralph Costello Endowment Dr. Thomas L. and Shirley Creamer Medical Endowment Joy and Jim Crosby Endowment Doreen Damon Medical Endowment Robert and Marie Gibb Medical Endowment The Lillian Jean (Charlton) Greer Memorial Endowment The Newman and Lois Greer Endowment Arnold and Kathryn McAllister Medical Endowment Alan and Joyce McLean Medical Endowment Jean-Robert Nolet Endowment George and Carol (Harris) Raynes Endowment Richard and Barbara Routledge Medical Endowment Donald and Heather Royal Medical Endowment T S Simms & Co Limited Endowment SIRHF General Endowment Catherine and Graeme Somerville Neonatal Endowment The William (Bill) and Starr Dashwood Endowment The Turnbull Endowment Vaughan Medical Endowment

Impacting Cardiac Care

The J.T. Clark Family Cardiac Endowment Donald C. and Doreen V. (Murphy) Malcolm Endowment Dr. William & Mrs. Dianne Rector Cardiac Endowment

Impacting Patient Experience and Access

Nancy Waring MacLeod Nephrology Endowment Raju Family Endowment Stay Strong Survivorship Endowment

Impacting Mental Health

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Impacting Retention & Recruitment

Anonymous Atlantic Health Sciences Corporation Education Fund Atlantic Health Sciences Corporation Research Fund Lynn Childs Mentorship Prize Dr. Paul Handa Excellence in Nephrology Nursing Dr. S. Paul And Mrs. Eileen Handa Endowment The Dr. S. Paul Handa Endowment The MacMurray Endowment for Cardiovascular Educational Excellence Juanita McAuliffe Endowment Stefan Mildenberger Pediatrics Bursary Dorrie Schulze Nursing Endowment The TD New Brunswick Heart Centre Nursing Education Endowment Charles E. Walper and Betty L. Walper Education and Research Endowment



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